

INDIVIDUAL DIVISIONS

NOVICE BOYS AND GIRLS UNDER 9 YEARS

- CATEGORY- 01 FOOTWORK AND BLITZ
- CATEGORY- 02 KICKING DRILLS
- CATEGORY- 03 KICKBOXING COMBINATIONS
- CATEGORY- 04 SHADOW SPARRING

ADVANCED BOYS UNDER 9 YEARS

- CATEGORY- 05 FOOTWORK AND BLITZ
- CATEGORY- 06 KICKING DRILLS
- CATEGORY- 07 KICKBOXING COMBINATIONS
- CATEGORY- 08 SHADOW SPARRING

ADVANCED GIRLS UNDER 9 YEARS

- CATEGORY- 09 FOOTWORK AND BLITZ
- CATEGORY- 10 KICKING DRILLS
- CATEGORY- 11 KICKBOXING COMBINATIONS
- CATEGORY- 12 SHADOW SPARRING

ADVANCED BOYS UNDER 12 YEARS

- CATEGORY- 13 FOOTWORK AND BLITZ
- CATEGORY- 14 KICKING DRILLS
- CATEGORY- 15 KICKBOXING COMBINATIONS
- CATEGORY- 16 SHADOW SPARRING

ADVANCED GIRLS UNDER 12 YEARS

- CATEGORY- 17 FOOTWORK AND BLITZ
- CATEGORY- 18 KICKING DRILLS
- CATEGORY- 19 KICKBOXING COMBINATION
- CATEGORY- 20 SHADOW SPARRING

ADVANCED BOYS UNDER 15 YEARS

- CATEGORY- 21 FOOTWORK AND BLITZ
- CATEGORY- 22 KICKING DRILLS
- CATEGORY- 23 KICKBOXING COMBINATIONS
- CATEGORY- 24 SHADOW SPARRING

ADVANCED GIRLS UNDER 15 YEARS

- CATEGORY- 25 FOOTWORK AND BLITZ
- CATEGORY- 26 KICKING DRILLS
- CATEGORY- 27 KICKBOXING COMBINATIONS
- CATEGORY- 28 SHADOW SPARRING

ADULT MEN OVER 16 YEARS

- CATEGORY- 29 FOOTWORK AND BLITZ
- CATEGORY- 30 KICKING DRILLS
- CATEGORY- 31 KICKBOXING COMBINATIONS
- CATEGORY- 32 SHADOW SPARRING

ADULT WOMEN OVER 16 YEARS

- CATEGORY- 33 FOOTWORK AND BLITZ
- CATEGORY- 34 KICKING DRILLS
- CATEGORY- 35 KICKBOXING COMBINATIONS
- CATEGORY- 36 SHADOW SPARRING